

SCHEME OF WORK: **TARGET: EYFS**

ACTIVITY	OUTLINE OF LESSON
1	To explore and develop basic aiming skills when hitting a target along the floor.
2	To develop accuracy when rolling a ball along the floor to hit a target.
3	To develop aiming and accuracy when working as a team to roll the ball through a tunnel.
4	To acquire a competitive nature when aiming to hit a target along the floor.
5	To explore the underarm throw when aiming towards a target.
6	To explore underarm passing and throwing with a partner.
7	To use the overhead throw to develop aiming in different directions and heights.
8	To further develop accuracy and aiming skills when kicking a football towards a goal.
9	To further develop aiming skills by attempting a basketball shooting technique.
10	To refine accuracy and control when putting a ball with a golf club towards a target.
11	To refine aiming and accuracy when using racket skills to hit a ball towards a target.
12	Progress chart.

PROGRESS CHART: **TARGET: EYFS**

PUPIL'S NAME:

CLASS:

SKILL	SKILL ACHIEVED
Does the pupil show a preference for a dominant hand when rolling?	
Does the pupil show increasing control over an object when rolling?	
Does the pupil show confidence when patting/pushing a ball under their legs?	
Can the pupil show good balance when performing the bowling action?	
Can the pupil run skilfully and place a bean bag on to a cone?	
Can the pupil use one hand to perform an underarm throw?	
Can the pupil begin to recognise and use different amounts of force when throwing?	
Can the pupil begin to control an object with their feet and aim it towards a target?	
Can the pupil hold a ball above head height with their fingers with good control?	
Can the pupil begin to control and handle an object to move another object?	
Can the pupil begin to attempt contacting a moving object?	